

### Day 1 - Thursday 8 July 2021

Time	Session
07:30 - 08:00	<b>Virtual yoga session</b> with <a href="#">Chris Jackson - Yoga Therapies Ltd.</a> You will need to log into the <a href="#">Trainee Conference 2021 virtual platform</a> to take part in this session.
08:00 - 09:10	<b>Registration / tea and coffee</b> For delegates attending the conference in person tea and coffee will be served in the Platinum suite, level 2
09:10 - 09:25	<b>Welcome</b> Dr Roopa McCrossan, Trainee Committee Chair, Association of Anaesthetists
09:25 - 09:55	<b>Keynote: How to stay young, lifestyle and diabetes medicine</b> Chair: Dr Roopa McCrossan, Trainee Committee Chair, Association of Anaesthetists  <b>Prof Michael Trenell, Director of UK National Institute for Health Research Innovation Observatory</b>
10:00 - 11:00	<b>T1: When it isn't a normal day</b> Chair: Dr Emma McLaughlin, Defence Anaesthesia Representative, Trainee Committee, Association of Anaesthetists
10:00 - 10:15	<b>Remain fluid as flexible is too rigid - the West Africa Ebola crisis</b> Lt Col Jonny Round, Clinical Director, 34 Field Hospital, York
10:15 - 10:30	<b>Long(Haul) COVID - Long distance repatriation of critically unwell COVID-19 patient</b> Sqn Ldr James Coleman, Royal Air Force Medical Services
10:30 - 10:45	<b>An officer and a scab lifter: A lived experience</b> Surg Cdr Elspeth Hulse, Royal Navy
10:45 - 11:00	<b>Discussion</b>

11:00 - 11:45	<p><b>Tea and coffee break - exhibition / networking / view the posters</b> For delegates attending the conference in person tea and coffee will be served in the Platinum suite, level 2</p>
11:35 - 11:45	Meet the industry - <a href="#">MDU</a>
11:45 - 12:45	<p><b>T2: Doctor, first heal thyself</b> Chair: Dr Tara Byott, Elected Member, Trainee Committee, Association of Anaesthetists</p>
11:45 - 12:00	<p><b>Appreciative inquiry</b> Dr Emma Plunkett, Birmingham</p>
12:00 - 12:15	<p><b>Bullying in the NHS</b> Drs Madeline Carter and Neill Thompson, Newcastle</p>
12:15 - 12:30	<b>Imposter syndrome</b>
12:30 - 12:45	<b>Discussion</b>
12:45 - 14:05	<p><b>Lunch break - exhibition / networking / view the posters</b> For delegates attending the conference in person lunch will be served in the Platinum suite, level 2</p>
14:05 - 14:15	Meet the industry - <a href="#">Find Your Place</a>
14:15 - 14:45	<p><b>Keynote: Anaesthesia training and the role of Health Education England (HEE)</b> Chair: Dr Mike Nathanson, President, Association of Anaesthetists</p> <p><b>Prof Adrian Brooke, Deputy Medical Director - Workplace Alignment, NHS Health Education England</b></p>
14:50 - 15:50	<p><b>T3: Pain</b> Chair: Dr Eireann Allen, Trainee Network Lead Officer, Trainee Committee, Association of Anaesthetists</p>
14:50 - 15:05	<p><b>Paediatric pain and mindfulness</b> Dr Sachin Rastogi, Newcastle</p>
15:05 - 15:20	<p><b>Low opiate anaesthesia</b> Dr Jennifer Noyes, Middlesbrough</p>
15:20 - 15:35	<p><b>How to teach and learn regional anaesthesia</b> Dr Jonathan Womack, Newcastle</p>

15:35 - 15:50	<b>Discussion</b>
15:50 - 16:35	<b>Tea and coffee break - exhibition / networking / view the posters</b> For delegates attending the conference in person tea and coffee will be served in the Platinum suite, level 2
16:35 - 17:35	<b>T4: Obstetrics</b> Chair: Dr Lucy Powell, Elected Member, Trainee Committee, Association of Anaesthetists
16:35 - 16:50	<b>Obstetric anaesthesia: The NeverEnding Stories</b> Dr Danny Morland, Newcastle
16:50 - 17:05	<b>Critical illness and maternal medicine networks</b> Dr Katie Cranfield, Newcastle
17:05 - 17:20	<b>The challenges of defining, studying and learning from peri-operative cardiac arrest</b> Dr Andrew Kane, Middlesbrough
17:20 - 17:35	<b>Discussion</b>
17:35	<b>Close of Day 1</b>
19:00 - 23:00	<b>Annual Trainee Dinner - <a href="#">Wylam Brewery</a></b>

## Day 2 - Friday 9 July

Time	Session
07:30 - 08:00	<b>Virtual Yoga sesion</b> with <a href="#">Chris Jackson - Yoga Therapies Ltd</a> You will need to log into the <a href="#">Trainee Conference 2021 virtual platform</a> to take part in this session.
08:00 - 09:00	<b>Registration / tea and coffee</b> For delegates attending the conference in person tea and coffee will be served in the Platinum suite, level 2
09:00 - 10:00	<b>F5: Intensive care</b> Chair: Dr Adam Al-Attar, Elected Member, Trainee Committee, Association of Anaesthetists
09:00 - 09:15	<b>Realistic medicine</b> Dr Jeremy Rushmer, Northumbria
09:15 - 09:30	<b>Age or frailty on critical care - what matters more</b> Dr Danny Bryden, Sheffield
09:30 - 09:45	<b>Organ donation - what is changing</b> Dr Dale Gardiner, Nottingham
09:45 - 10:00	<b>Discussion</b>
10:05 - 11:05	<b>F6: COVID-19</b> Chair: Dr Sally El-Ghazali, Immediate Past Trainee Committee Chair, Association of Anaesthetists  This session is sponsored by <a href="#">Fisher &amp; Paykel Healthcare</a>
10:05 - 10:20	<b>Oxygen in relation to COVID-19</b> Prof Daniel Martin, Plymouth
10:20 - 10:35	<b>COVID-19; the role of research in defining a disease</b> Dr Ashley Price, Newcastle
10:35 - 10:50	<b>Fit for surgery post COVID</b> Dr Rhona Sinclair, Newcastle

10:50 - 11:05	<b>Discussion</b>
11:05 - 11:50	<b>Tea and coffee break - exhibition / networking / view the posters</b> For delegates attending the conference in person tea and coffee will be served in the Platinum suite, level 2
11:40 - 11:50	Meet the industry - <a href="#">Ambu</a>
11:50 - 12:20	<b>Keynote: Doctors and wellbeing</b> Chair: Dr Divya Raviraj, Honorary Secretary, Trainee Committee, Association of Anaesthetists  <b>Prof Dame Clare Gerada, Medical Director, NHS Practitioner Health</b>
	<b>Panel discussion</b> Chair: Dr Matthew Davies, Honorary Secretary, Association of Anaesthetists
12:25 - 13:10	Dr Mike Nathanson, President, Association of Anaesthetists Dr Roopa McCrossan, Chair, Trainee Committee, Association of Anaesthetists Prof Adrian Brooke, Deputy Medical Director - Workplace Alignment, NHS Health Education England Dr Fiona Donald, Vice President, Royal College of Anaesthetists
13:10 - 14:40	<b>Lunch break - exhibition / networking / view the posters</b> For delegates attending the conference in person lunch will be served in the Platinum suite, level 2
13:40 - 14:20	<b>Wellbeing lunchtime session</b> This will be held in the main lecture theatre (Barracks suite, level 4) for those attending in person
14:40 - 14:55	<b>Prize giving</b> Chair: Dr Roopa McCrossan, Chair, Trainee Committee, Association of Anaesthetists
14:55 - 15:25	<b>Trainee update: The Association and what we do for you</b> Dr Roopa McCrossan, Chair, Trainee Committee, Association of Anaesthetists
15:30 - 16:30	<b>F7: Sustainability</b> Chair: Dr Naomi Freeman, Elected Member, Trainee Committee, Association of Anaesthetists
15:30 - 15:45	<b>The NHS Ocean and healthcare procurement</b> Dr Richard Hixson, County Durham
15:45 - 16:00	<b>The wider healthcare context of sustainability</b>

	Dr Frank Swinton, Leeds
16:00 - 16:15	<b>Future theatre solutions</b> Dr Fiona Brennan, Cardiff
16:15 - 16:30	<b>Discussion</b>
16:35 - 17:15	<b>F8: Artificial intelligence in healthcare</b> Chair: Dr Stuart Edwardson, Elected Member, Trainee Committee, Association of Anaesthetists
16:35 - 16:50	AI in patient monitoring and risk prediction Dr Tingting Zhu, Oxford
16:50 - 17:05	<b>The intelligent hospital: AI in practice</b> Dr Amy Nelson, London
17:05 - 17:15	<b>Discussion</b>
17:15 - 17:20	<b>Conference close</b>